



First Annual Report
of the
Sharon Sanitarium

SHARON, MASS.



No. 1

FIRST ANNUAL REPORT
OF THE
SHARON SANITARIUM
FOR
PULMONARY DISEASES

SHARON, MASS.

MARCH, 1892

INCORPORATED MARCH, 1891

BOSTON
GEO. H. ELLIS, 141 FRANKLIN STREET
1892

OFFICERS OF THE SHARON SANITARIUM.

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614 Sears Building, Boston.

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FREDERICK I. KNIGHT, M.D.

Assistant Physician.

JOHN J. MORAN, M.D.

Matron.

Mrs. M. E. SMALL.

* Deceased.

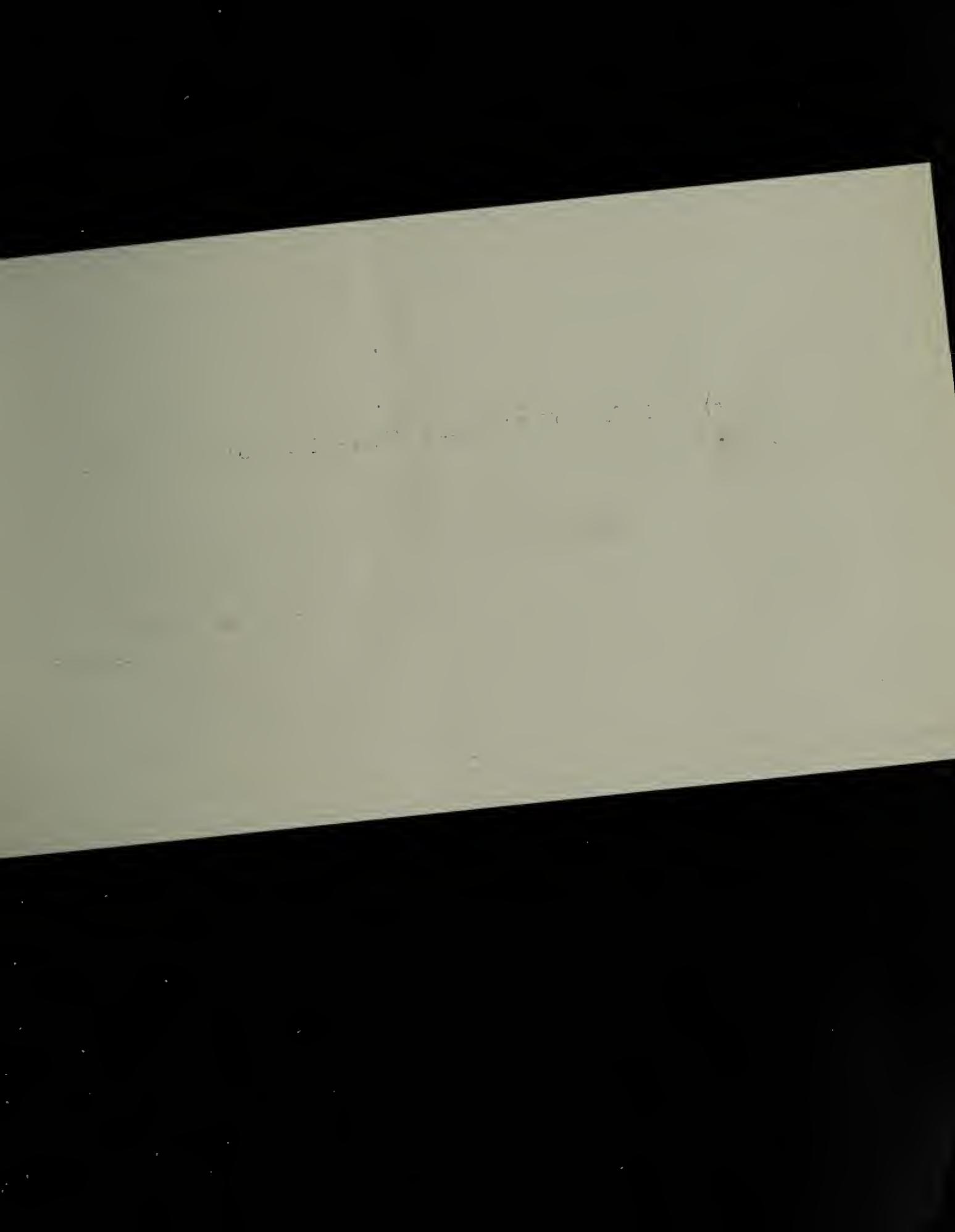
OBJECT OF THE SHARON SANITARIUM.

TO supply a suitable institution for the treatment of incipient pulmonary diseases only, arising in those who are unable for pecuniary and other reasons to seek distant health resorts. Only patients who are in reduced circumstances are received, and no advanced cases are admitted.

Price of board \$5.00 per week, exclusive of washing. Medical attendance and medicines are given free of charge.

Visiting Days, Tuesdays, Thursdays, and Saturdays, from 2 to 5 P.M.

Applications must be made to the Matron, Mrs. M. E. Small, Sharon, Mass.



All gifts of money may be sent to the
Treasurer,
Mr. N. H. STONE,
614 Sears Building, Boston.

DIRECTORS' REPORT.

THE Sharon Sanitarium was formally opened Feb. 9, 1891, and received its first patient February 16, a week later; and since that time the institution has been well filled with patients, is now full, and many applications have been refused from lack of room.

The prolonged stay necessary in such cases will explain the apparently small number of patients received during the year as compared with other institutions of similar size, a residence of many weeks or months being almost essential for the successful treatment of pulmonary troubles.

The success of the experiment of placing this sort of institution in a healthy country town near Boston has been fully shown, and those who gave their money to the project at the outset may feel that their generosity has been well expended for the relief of a class most difficult to reach; namely, women of very limited means and obliged to depend upon their own exertions for support, and who cannot afford to go to distant health resorts. The original fund subscribed was devoted to the erection of the present building, grading of the land, the construction of a suitable driveway, providing the water supply, furnishing the house, etc., and to the maintenance of the household. This sum has been nearly exhausted; and, as the in-

come from the patients' board (at most \$5.00 per week, exclusive of washing) covers only one-third of the household expenses, a large corps of annual subscribers is earnestly asked for.

A sufficient sum having been subscribed for the purpose, a small stable will be erected this spring, so that the patients may have the additional benefit to be derived from driving in the open air when active exercise is interdicted. A carriage has already been promised, and a horse suitable for family driving and harnesses will be needed.

The management wish to emphasize the fact that the institution is founded for the treatment of the *incipient* stages *only* of pulmonary disease. Far advanced cases cannot be received. At present only women are received, and there are accommodations for nine only, as each patient has a separate bedroom; but, as the institution grows, it is proposed to have accommodations for men as well, in cottages erected on the grounds.

The cordial interest taken thus far encourages the management in the belief that the present building is but a nucleus to a much larger institution; and for this purpose contributions of money, even of the smallest sums, are earnestly solicited.

The grateful acknowledgments of the Directors are extended to the friends of the Sanitarium who have kindly offered the use of their carriages to the patients at various times, and for the many favors received from many other friends during the year.

THE DIRECTORS.

MEDICAL REPORT.

THE physicians of the Sanitarium, in offering their report to the public, take pleasure in stating that, although it has never been claimed that such favorable results can be obtained in New England as in more salubrious climates, yet so much has been accomplished in a few cases at the Sanitarium in a comparatively short space of time that the success of the scheme is fully realized.

The chief difficulty is in persuading people in whom the signs of disease are *just beginning* to put themselves under treatment, and also in inducing those who have apparently regained their health to continue their stay, in order to establish the cure. The physicians therefore take this opportunity to impress the importance of both these facts upon those who wish to apply for admission. In the beginning, in order that the institution should become known, some cases of advanced disease were admitted; but at present the applications for suitable cases exceed the accommodations, and only incipient cases are taken.

In tabulating the results, the term "arrest of disease" is used in cases of undoubted pulmonary trouble, where, practi-

cally, the patient has recovered her health and is able to resume her duties, the term "cured" being avoided because of the comparative shortness of time since the opening of the Sanitarium, although the general appearance of some of these patients would almost justify the use of the latter term now.

Of 17 cases of undoubted pulmonary disease, 6 cases may be recorded as "arrested."

Of the remaining 11 cases of undoubted pulmonary disease, 7 are classed as "much improved" or "improved," 4 are classed as "not improved." One of these died, and the other three left the Sanitarium not so well.

Of 5 other cases of doubtful pulmonary disease treated at the Sanitarium, 3 cases proved to be simple bronchitis or catarrh, and were discharged "well"; and two others of simple bronchitis went home "well."

Considering the very grave nature of all pulmonary troubles, the above results are very gratifying, and show the benefit to be obtained in such cases by the strict supervision of the patients, such as can be given so much better in sanitaria than when they are sent haphazard to board in the country.

The thanks of the medical directors are due to Drs. Henry Jackson and J. E. Goldthwaite for their kind assistance rendered in visiting the Sanitarium during the past summer, and to the medical assistants, Drs. George A. Craigin and John J. Moran, who, by their almost daily visits to the Sanitarium, have added greatly to whatever success it has attained. They wish

also to acknowledge the valuable services of the Matron, Mrs. M. E. Small, now in charge of the institution.

VINCENT Y. BOWDITCH,
ROBERT W. LOVETT,

Medical Directors.

MARCH, 1892.

TREASURER'S ANNUAL REPORT.

March 1, 1892.

DISBURSEMENTS.

Provisions, groceries, etc.	\$1,169.22
Milk and eggs	250.57
Wages of servants	700.00
Salary of Matron	500.00
Assistant physician	200.00
Fuel	464.07
Medical appliances and instruments	95.12
Drugs and medicines	140.09
Services of Dr. E. M. Greene at sundry times	27.50
Expressage and carting	81.61
Car-fares and carriage-hire for patients	131.00
Stationery.	23.72
Printing	18.50
Repairs	202.55
Extra furnishings	171.52
Seeds and tools	40.37
Manure	105.17
Sundry expenses	200.79
	<u>\$4,521.80</u>

RECEIPTS.

Board of patients	\$1,372.00
Annual subscriptions	584.00
Interest on deposits	102.55
	<u>\$2,058.55</u>
	<u>\$2,463.25</u>

This deficit of \$2,463.25 has to be met by drawing upon our "additional contributions" from friends during the year.

N. H. STONE,

614 SEARS BUILDING, BOSTON.

Treasurer.

ORIGINAL CONTRIBUTORS
TO THE
FOUNDATION OF SHARON SANITARIUM.

Mr. Arthur A. Carey.	Miss McDonald.
The Misses Mason.	Miss Laura Norcross.
Mrs. B. S. Rotch.	Mr. G. H. Norcross.
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Mrs. Samuel Putnam.	Mrs. M. C. Wheeler.
Mr. Charles H. Head.	

ADDITIONAL CONTRIBUTIONS

From March 1, 1891, to March 1, 1892.

Miss H. J. Bradlee,	\$1,000.00
Miss E. F. Mason,	1,000.00
Miss Ida Mason,	1,000.00
Mr. H. S. Grew,	500.00
Mr. J. M. Forbes,	200.00
Mrs. J. M. Forbes,	500.00
Mrs. Wm. F. Weld,	500.00
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Mr. Alfred Bowditch,	50.00
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Mrs. William H. Forbes,	100.00
Mr. J. Malcolm Forbes,	100.00
Mr. A. Hemenway,	100.00
Miss Edith Rotch,	100.00
Miss C. Bowditch,	50.00
Mrs. Lloyd Briggs,	5.00
Judge and Mrs. Keyes,	10.00
Miss Helen Jaques,	25.00
Miss Sarah R. Hill,	50.00
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	\$ 5,960.00
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ANNUAL SUBSCRIBERS.

Miss A. G. Thayer,	\$25.00
Mr. F. Skinner,	10.00
Mrs. F. Skinner,	10.00
Miss S. H. Crocker,	10.00
Mrs. A. Prescott Baker,	25.00
Miss Mary Ann Wales,	10.00
Mrs. J. C. Stone,	25.00
Miss F. R. Morse,	10.00
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Mrs. A. Cheney,	5.00
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Mr. Martin Brimmer,	25.00
Miss A. M. Curtis,	10.00
Miss Lucy Ellis,	10.00
Mr. L. Vernon Briggs,	10.00
Mrs. M. Day Kimball,	5.00
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<i>Carried forward,</i>	\$504.00

<i>Brought forward,</i>	\$504.00
Miss Susan Kimball,	5.00
Mr. O. W. Peabody,	10.00
Mrs. Farwell,	5.00
Mr. Edward Robinson,	10.00
Mr. J. C. Rogers,	10.00
Mrs. J. C. Rogers,	5.00
Mr. J. Murray Forbes,	25.00
Miss Yardley,	5.00
Miss Olivia Y. Bowditch,	5.00
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		<u><u>\$584.00</u></u>

The following names are of those who during the past year have kindly contributed various articles for the use of the Sanitarium:—

Mrs. Downes.	Little Smith boys.
Mrs. J. P. Putnam.	Mrs. Gould.
Miss Yardley.	Mrs. Kempton.
Miss Wells.	Mrs. Bertram..
Miss Lyman.	Mrs. Johnson.
Mrs. J. Malcolm Forbes.	Mrs. Array.
Mrs. J. B. Turner.	Mrs. Curtis.
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